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Diversity Corner

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It's Disability Pride Month!

Let's celebrate our teammates, bosses, and friends who have disabilities!

Celebrating National Disability Independence Day and the Anniversary of the Americans With Disabilities Act

Every July, we commemorate July 26th as [National Disability Independence Day](https://www.ninds.nih.gov/news-events/directors-messages/all-directors-messages/ninds-recognizes-2022-national-disability-independence-day) (<https://www.ninds.nih.gov/news-events/directors-messages/all-directors-messages/ninds-recognizes-2022-national-disability-independence-day>), with the month of July commonly becoming known as National Disability Pride Month or National Disability Independence Month due to the anniversary of the [Americans with Disabilities Act \(ADA\)](https://www.ada.gov/) (<https://www.ada.gov/>). Both are crucial milestones in the journey toward accessibility and equality for all people, regardless of the type of disability they may have.

What Is National Disability Pride Month?

National Disability Pride Month shines a spotlight on the significant, yet often overlooked, contributions of the disabled community. It is a time to recognize the courageous advocates who fought and continue to fight for equality, accessibility, and independence.

This month-long celebration in July culminates in the commemoration of Disability Independence Day on July 26th. This day marks the passage of the pioneering civil rights law, the Americans with Disabilities Act, which dramatically changed the landscape of opportunity and accessibility for individuals with disabilities.

National Disability Pride Month also symbolizes the drive toward independent living for individuals with disabilities, a concept that extends beyond mere physical independence. It encompasses the capacity to make choices, contribute to society, and enjoy an equal opportunity to live a fulfilling, self-directed life.